

## In Over Our Heads Mental Demands Of Modern Life Robert Kegan

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In Over Our Heads makes the argument that the different sphere's of modern life (romance, parenting, work, etc.) all require a similar method of thinking in order to succeed. This method of thinking, which Kegan calls structural, is fundamentally different that the modes of thought most of us learn in high school and early college (communal, in Kegan's terminology).

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In Over Our Heads, The Mental Demands of Modern Life, Robert Kegan. 1994. Harvard University Press, Cambridge, MA. 352 pages. ISBN: 0-674-44587-2. \$29.95. Bulletin of Science, Technology & Society 2017 16: 1-2, 92-92 Download Citation.

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In Over Our Heads explores what happens, and how people feel, when new orders of consciousness emerge, or fail to emerge, in the domains of parenting (families), partnering (couples), working (companies), healing (psychotherapies), and learning (schools).

### **Robert Kegan - Wikipedia**

In the spirit of a sympathetic teacher, Robert Kegan guides us through this tricky curriculum, assessing the fit between its complex demands and our mental capacities, and showing what happens when we find ourselves, as we so often do, in over our heads. In this dazzling intellectual tour, he completely reintroduces us to the psychological landscape of our private and public lives.

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